

05 FEB 1995

RESTORATION PROGRAM

All prisoners who are scheduled to return to duty upon completion of confinement and all awardees assigned to the correctional custody unit shall attend the program outlined below. Prisoners shall be scheduled for attendance within 2 weeks of their scheduled release date, and awardees will attend the program during the last week of the correctional custody program.

DAY ONE

- 0800 - Customs and Courtesies
- 0900 - Videotape - "Where We Are Today"
- 1000 - Need for Laws and Discipline
- 1200 - UCMJ (Punitive articles) and Navy Regulations
- 1300 - Relationships with "Old Buddies"
- 1400 - Returning to parent command
- 1500 - Use of Chain of Command; Red Cross; Navy Relief

DAY TWO

- 0800 - Review problems on return to command
- 0900 - Videotape - "Attitudes"
- 1000 - Drug Abuse and Control
- 1200 - Water Survival

DAY THREE

- 0800 - Navy SITREP (Information Film)
- 0900 - How to change rates
- 1000 - Availability of Navy Education and Training Programs
- 1200 - Personal Adjustment: Tax returns, establishing credit; pitfalls of charging, buying "The Car"; insurance
- 1400 - Videotape - "Comfort Zones"
- 1500 - Alcohol Abuse

DAY FOUR

- 0800 - Videotape - Motivation and Personal Accountability
- 0900 - Marital adjustments
- 1000 - Discussion of "Pride and Professionalism"
- 1200 - Career Counseling
- 1300 - Legal Assistance
- 1400 - Videotape - "The Self-esteem Cycle"
- 1500 - Problem solving; decision making

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DAY FIVE

- 0800 - Videotape - "Goals and Imprinting
- 0900 - Continuation: Problem solving and decision making
- 1200 - Key Staff members
 - Orders
 - Pay
 - Uniforms
 - Transportation
 - Leave enroute
- 1500 - Presentation by Brig Officer